

GRAMMAR *Life*

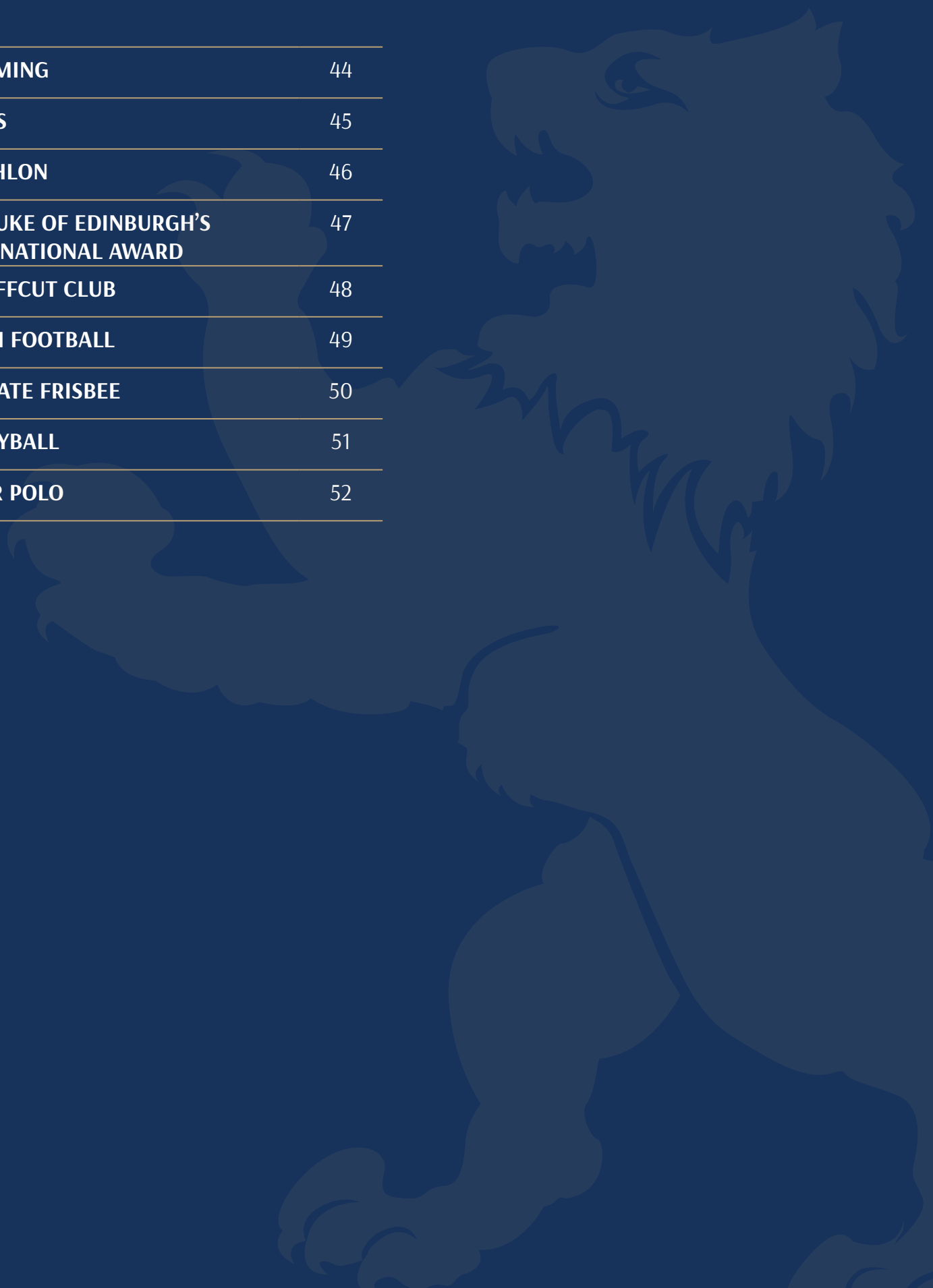
Outstanding Co-Curricular Opportunities



CONTENTS

AFL	4	INTERNATIONAL TOURS	24
AMNESTY	5	JAPAN CLUB	25
BASKETBALL	6	JOLT	26
CHESS	7	LEARN TO SWIM	27
COMMUNITY ART	8	MEDITATION MONDAY	28
COMMUNITY RUN CLUB	9	MODEL UN	29
CRAFTERNOONS	10	MONDAY RUN CLUB	30
CRICKET	11	MOOTING	31
DANCE	12	MOUNTAIN BIKING	32
DA VINCI DECATHLON	13	MUSIC CO-CURRICULAR	33
DEBATING	14	NETBALL	34
ENTREPRENEURS CLUB	15	POOL LIFESAVING	35
ETHICS OLYMPIAD	16	PRESS CLUB	36
EQUESTRIAN	17	PRIMARY MINDFULNESS	37
FOOTBALL	18	READERS CUP	38
FRENCH CONNECTIONS	19	ROWING	39
FUTURE TECH SERIES	20	RUGBY	40
GRAMMAR GREEN TEAM	21	SAILING	41
GRAMMAR HELPING HANDS	22	SPEECH AND DRAMA	42
GRAMMAR TECH	23	STUDENT EXCHANGE PROGRAMS	43

SWIMMING	44
TENNIS	45
TRIATHLON	46
THE DUKE OF EDINBURGH'S INTERNATIONAL AWARD	47
THE OFFCUT CLUB	48
TOUCH FOOTBALL	49
ULTIMATE FRISBEE	50
VOLLEYBALL	51
WATER POLO	52





SUNSHINE COAST GRAMMAR *AFL*

Why Join us?

Throughout the year Grammar enters Secondary boys and girls teams from Years 7-9 and Years 10-12 age groups in a local after school competition played at Fisherman's Road. Teams will also compete in the QSchools Cup one-day knock-out competition in Term 2. Students will receive requests to nominate for teams via email.

DETAILS

Coordinator/s	Nick Dutton
Contact Details	afl@scgs.qld.edu.au
Year Levels	4 - 12
Venue	Fishermans Road, Maroochydore
Cost	N/A

Term 1

Year 7 – 8 & Year 9 - 10 Boys Monday night competitions (9 aside starting March 3)

Term 2

QSchools Cup one day competition during school:
Year 5 – 6 Boys and Girls Year 7 – 8 Boys and Girls
Year 9 – 10 Boys and Girls Year 11 – 12 Boys and Girls



Term 3

Year 11 – 12 Boys & Year 11 – 12 Girls Monday night competition (7 aside)
Primary SCISSA AFL teams on Thursday's

Term 4

Year 7 – 8 & Year 9 - 10 Girls Monday night competition (9 aside)
Year 3 – 4 Boys and Girls Bobby Hill AFL gala day



AMNESTY INTERNATIONAL

SUNSHINE COAST GRAMMAR *Amnesty*

Why Join us?

The Grammar Amnesty International Group works to campaign in support for human rights across the globe. Through raising awareness of human rights issues around the planet, the group works to educate and inform the broader community working towards promoting peace, harmony and justice.

DETAILS

Coordinator/s	Ben Princehorn / Amanda Rowe
Contact Details	amnesty@scgs.qld.edu.au
Year Levels	7 - 12
Terms	1 - 4
Venue	R1
Times	Fortnightly meetings
Cost	N/A





SUNSHINE COAST GRAMMAR *Basketball*

Why Join us?

Grammar Basketball is an inclusive sporting program designed to appeal to all basketball ability levels, from beginner to elite standards. Partnering with local basketball agencies, participants will have the opportunity to play and train in both competitive and participation standard games.

The Program will commence with participation games for students in Years 5 and 6, and competitive games for students in Year 7. Students participate in Sunshine Coast Schools Basketball Competition on Friday nights which involves boys and girls teams from Years 7 to 12. There is also an active Parent Supporters' Group.

DETAILS	
Coordinator/s	Jarryd Archer
Contact Details	basketball@scgs.qld.edu.au
Year Levels	5 - 12
Terms	3 & 4
Venue	Details to be provided by team coaches
Times	Weekly
Cost	N/A





SUNSHINE COAST GRAMMAR *Chess*

Why Join us?

Grammar Chess offers students in Years 1 to 12 the opportunity to participate in group tutoring and Chess Clubs. We are looking to expand our reputation as a chess school by offering lunchtime Chess Clubs for intermediate/advanced players with a focus on “Chess as a social game”. The Primary Club is for students in Years 1 and 2, and the Intermediate/Advanced Club is for students in Years 3 to 12.

DETAILS

Coordinator/s	Jessica Richards
Contact Details	chess@scgs.qld.edu.au
Year Levels	1 - 12
Terms	Term 1 – Weeks 3 - 9 Term 2 – Weeks 2 - 8 Term 3 – Weeks 3 - 9 Term 4 – Weeks 2 - 8
Venue	Primary Club – Primary Resource Centre Intermediate/Advanced Club – AC4 and AC6
Times	Primary Club - Wednesday lunchtimes Intermediate/Advanced Club - Wednesday 3:15pm-4:15pm
Cost	Primary Club (Yrs 1 & 2) - \$50 per term Intermediate/Advanced Club (Yrs 3-12) - \$70 per term





SUNSHINE COAST GRAMMAR *Community Art*

Why Join us?

This is an activity that involves all students whether you study Art or not. You may ask what do we do? We make products that can either be installed into our Grammar environment such as the Thancoupie Balls in the Year 7 Courtyard or personal items like bird houses. Our projects can range from mosaics, to ceramic vessels, painting, or enjoying the process of drawing. All resources and materials are provided, just bring yourself and your happy smile.

DETAILS

Coordinator/s	Bianca Crawford
Contact Details	communityart@scgs.qld.edu.au
Year Levels	5 - 12
Terms	1 - 4
Venue	Visual Art Building
Times	Wednesdays, 3:30pm - 4:30pm
Cost	N/A





SUNSHINE COAST GRAMMAR *Community Run Club*

Why Join us?

The Grammar Run Club offers opportunities for staff and students to take part in numerous organised running events across the Sunshine Coast, these include regular park runs and the Sunshine Coast Marathons. With a focus on fun, fitness, and friendship, the group also aims to promote and raise funds for numerous charitable organisations throughout the year. This group work with the Monday Run Club.

DETAILS

Coordinator/s	Gemma Cardillo
Contact Details	communityrunclub@scgs.qld.edu.au
Year Levels	Prep - 12
Terms	Various events through the year
Venue	Various locations around the Sunshine Coast
Times	To be advised
Cost	Per event





SUNSHINE COAST GRAMMAR *Crafternoons*

Why Join us?

Students will have the opportunity to engage in a craft of their choice, such as crochet, knitting, paper craft and scrapbooking to name a few. Participants will learn new skills and meet some new friends in the process. We will be creating projects to support charities and various initiatives throughout the year.



DETAILS

Coordinator/s	Gemma Cardillo
Contact Details	crafternoons@scgs.qld.edu.au
Year Levels	7 - 12
Terms	1 - 4
Venue	R4
Times	Thursdays at lunchtimes
Cost	N/A



SUNSHINE COAST GRAMMAR *Cricket*

Why Join us?

Grammar enters both boys and girls teams into various knockout cricket competitions throughout the season. These competitions are offered across Primary and Secondary School. Historically, Grammar teams have performed very well with students having the opportunity to progress through to regional and state finals.

The school has recently re-formed the Grammar Cricket Club which plays in the Sunshine Coast Cricket Competition. We are looking to enter teams in 2025. Teams from u10's, U11's and U13's will enjoy specialist coaching and player development. We also run introductory programs for 6 and 7 year olds.

DETAILS

Coordinator/s	Sean Annetts
Contact Details	cricket@scgs.qld.edu.au
Year Levels	2 - 12
Terms	1 - 4
Venue	To be advised by coaches
Times	To be advised by coaches
Cost	N/A





DANCE ENERGY

SUNSHINE COAST GRAMMAR *Dance*

Why Join us?

The team from Dance Energy provide students with the opportunity to participate in afterschool dance classes in Jazz, Acro, and Hip Hop. Students have the option to attend one 30 or 45 minute session, or a combination of sessions. Dance Energy are dedicated to creating a healthy, creative and fun after school activity through movement, music, and friends, with a culture of kindness and support.

DETAILS

Coordinator/s	Claire O'Shea (Dance Energy)
Contact Details	(07) 5491 9151 or 0404 303 757 hello@danceenergystudios.net.au
Year Levels	Prep - 6
Terms	1 - 4
Venue	Upstairs Aquatic Centre
Times	Thursday afternoons, 2:45-5.30pm
Cost	www.danceenergystudios.net.au/welcome





SUNSHINE COAST GRAMMAR *da vinci Decathlon*

Why Join us?

The Da Vinci Decathlon is an amazing competition designed to stretch and extend those students who excel in different disciplines there are ten specialist areas including - Maths, Science, cartography, art and poetry.

Teams compete at the Queensland Regional Championships (which Grammar host), before progressing through to State finals (Brisbane) and National finals (Sydney). Teams are selected by our coaching panel to represent the school.

DETAILS	
Coordinator/s	Brenda Gahan
Contact Details	davincidecathlon@scgs.edu.au
Year Levels	5 - 11
Terms	1 & 2
Venue	To be advised by coaches
Times	Competition and training as advised
Cost	N/A





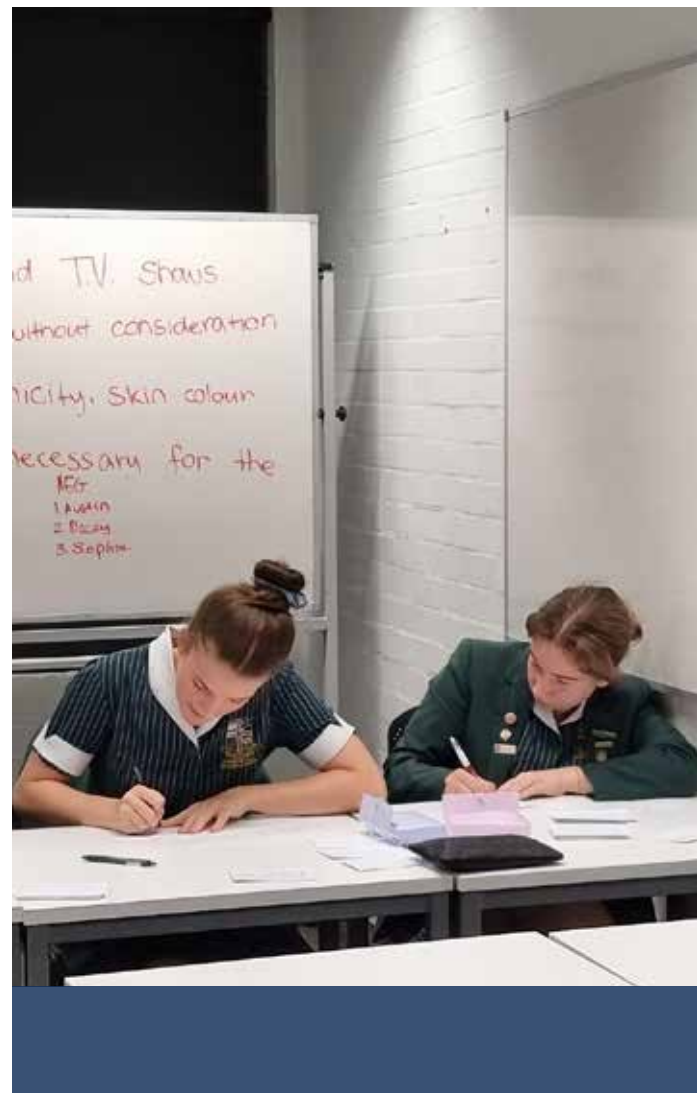
SUNSHINE COAST GRAMMAR *Debating*

Why Join us?

Debating is a team activity which provides the opportunity to develop speaking skills and critical thinking skills in a fun, competitive environment. Taking part in debating builds communication and teamwork skills which benefit students through schooling and into the future. Each year Grammar takes part in a number of competitions and debating activities; such as the QDU Competition, Sunshine Coast Schools Debating Competition, House Cup Debating Competition in Year 6, and Debating Skills Sessions for junior debaters. These activities ensure that students of all abilities have the opportunity to take part in debating at Grammar.

DETAILS

Coordinator/s	TBC
Contact Details	debating@scgs.qld.edu.au
Year Levels	Primary & Secondary
Terms	SCS Debating: Terms 3 - 4 QDU Debating: Terms 1 - 3
Venue	SCS Debating Competition (Sunshine Coast) QDU Debating Competition (Brisbane)
Times	Mondays (Terms 3 & 4) - Skills Sessions Wednesdays - Competitions
Cost	N/A





SUNSHINE COAST GRAMMAR *Entrepreneurs club*

Why Join us?

The Grammar Entrepreneur Club, started in 2022, aims to provide opportunities for our more entrepreneurial/ enterprising students to showcase, utilise and further build their talents in organising school-based fundraising ventures and to enter programs such as the Mayor’s Telstra Innovation Awards and the Generation Innovation Challenge. In 2023, all four our teams who entered the Mayor’s Innovation Awards were selected as finalists and our ‘Reel Health’ team were announced as winners of the competition in a gala awards evening .

In 2024, six entrepreneurs, ran four stalls/micro-businesses at Grammar’s first Forest Fest Event. Each stall was successful in raising hundreds of dollars for each entrepreneur! In 2025, the focus will be on guiding students through the set up their own business, including logo design and so on.

DETAILS

Coordinator/s	Dan Nevin, Tania Gutridge and Carey Warhurst
Contact Details	entrepreneursclub@scgs.qld.edu.au
Year Levels	7 - 12
Terms	1 - 2
Venue	T1
Times	Thursday lunch times 12:45pm from Week 3





SUNSHINE COAST GRAMMAR *Ethics Olympiad*

Why Join us?

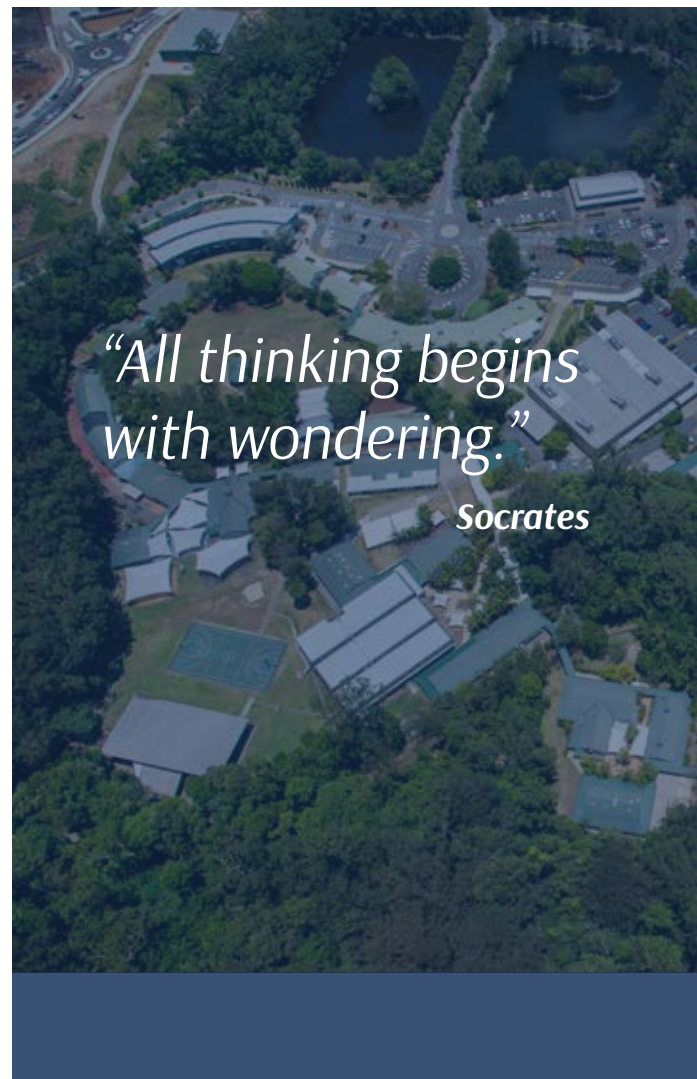
The Ethics Olympiad is an event where students work collaboratively towards establishing an ethical response to challenging ethical questions.

Students explore real life issues and work in either junior, middle, or senior school divisions.

Students who love critical thinking, social justice and grappling with complex concepts and issues will love this opportunity.

DETAILS

Coordinator/s	Brenda Gahan
Contact Details	ethicsolympiad@scgs.qld.edu.au
Year Levels	Primary Year 5 - 6 Secondary Year 7 - 9
Terms	1 - 4
Venue	To be advised
Times	To be Advised
Cost	Nil - excluding registration costs for competitions



“All thinking begins with wondering.”

Socrates



SUNSHINE COAST GRAMMAR *Equestrian*

Why Join us?

Becoming a member of the Equestrian Team allows students to compete in the Interschool Queensland Equestrian competitions. The aim of these competitions is to promote equitation and equestrian sport in school programs within Queensland, and to encourage the development of discipline, character, sportsmanship, and teamwork within riders. There are six different types of competition offered; Dressage, Jumping, Eventing, Show Horse, Showman, and Combined Training. To compete for the School, students are required to have their own horse, and both horse and rider are required to be registered with Equestrian Queensland.

DETAILS

Coordinator/s	Wendy East
Contact Details	equestrian@scgs.qld.edu.au
Year Levels	P - 12
Terms	1 - 4 (Depending on when competitions are scheduled)
Venue	Venues throughout the Wide Bay Region
Times	Competitions are held throughout the year
Cost	No cost to join the Grammar Equestrian Team; however, all costs incurred with competitions are to be paid by the competitor





SUNSHINE COAST GRAMMAR *Football*

Why Join us?

Grammar Football is open to both boys and girls from U6 upwards. There are two competitions, the School SCISSA Competition held on a Wednesday afternoon and the local Club Competition on Saturday mornings. The focus is on development of skills, understanding of the game and having fun within a supportive atmosphere.

DETAILS

Coordinator/s	Steve Bowman / Nicole Halloran
Contact Details	football@scgs.qld.edu.au
Year Levels	Prep - 12
Terms	1 - 3
Venue	SCGS Ovals & various local away locations
Times	Training - Tuesdays & Thursdays after school School Competition - Wednesdays after school
Cost	\$185 - \$400 (Depending on Age Group)





SUNSHINE COAST GRAMMAR *French Connections*

Why Join us?

French Connections is our extra-curricular program where students are offered the opportunity to embrace use of their language beyond the classroom. Our program includes a secondary lunchtime conversation club, tutorials, international projects, competitions, excursions, cultural celebrations, international tours and exchanges, providing a dynamic environment to explore French culture and language, fostering global connections and enhancing language skills through diverse and immersive activities.

DETAILS

Coordinator/s	Georgie Richardson
Contact Details	french@scgs.qld.edu.au
Year Levels	7 - 12
Venue	Room S7
Cost	N/A





FUTURE TECH

SERIES

People | Partnerships | Programs

SUNSHINE COAST GRAMMAR *Future Tech Series*

Why Join us?

At Grammar, we value innovation and emerging technologies, and are keen to explore new and exciting opportunities. As such, we are looking to connect with Grammar families who work in the various industries that utilise technologies and innovation, and share our common values. The Future Tech Series is a sequence of presentations where business leaders, professionals and industry experts speak to the Grammar community providing information to students, families and the wider Sunshine Coast community about the new and emerging opportunities that exist in the technology space.

DETAILS

Coordinator/s	Mark Henricks
Contact Details	futuretechseries@scgs.qld.edu.au
Year Levels	All ages
Terms	One presentation per semester
Venue	To be advised each semester
Times	To be advised each semester
Cost	N/A





SUNSHINE COAST GRAMMAR *Green Team*

Why Join us?

The Grammar Green Team works to engage students in projects, activities, fundraisers and campaigns which work to support environmental sustainability. Students work actively within the school community in a hands-on capacity, making a difference to the world around them.

DETAILS

Coordinator/s	Ben Princehorn
Contact Details	greenteam@scgs.qld.edu.au
Year Levels	7 - 12
Terms	1 - 4
Venue	To be advised
Times	Fortnightly
Cost	N/A





SUNSHINE COAST GRAMMAR *Helping Hands*

Why Join us?

Grammar Helping Hands is a school-based program that sees students connect with the broader community through acts of service and charity. Students engage in a range of projects, events and campaigns aimed at instilling a strong sense of civic duty and service above self. From backyard makovers, fundraisers, and donation drives, Grammar Helping Hands delivers support and assistance to those in need.

DETAILS	
Coordinator/s	Ben Princehorn
Contact Details	helpinghands@scgs.qld.edu.au
Year Levels	7 - 12
Terms	1 - 4 (Depending on when events are scheduled)
Venue	To be advised throughout the year
Times	To be advised throughout the year
Cost	N/A





SUNSHINE COAST GRAMMAR *Tech*

Why Join us?

Embark on a journey of innovation with Sunshine Coast Grammar School's cutting-edge emerging technology program, designed to shape industry-ready students from year 4 to 12. Through our program, students will delve into the realms of 3D modelling and printing, harnessing computer-aided design (CAD), exploring electronics, and mastering coding techniques. We prioritize transferable skills, ensuring students not only excel within our program but are future-ready for the challenges ahead.

We proudly connect students with industry partners and mentors, providing real-world context to their projects. Join us in nurturing the future leaders of tomorrow.

DETAILS

Coordinator/s	Justin Pembroke
Contact Details	tech@scgs.qld.edu.au
Year Levels	5 to 12
Terms	1-4
Times	Beginner Robotics - Mondays 3:15 - 4:30pm Experienced Robotics - Mondays 3:15 - 4:30pm Secondary Experienced Robotics - Wednesdays 3:15 - 5pm
Cost	\$150 per term



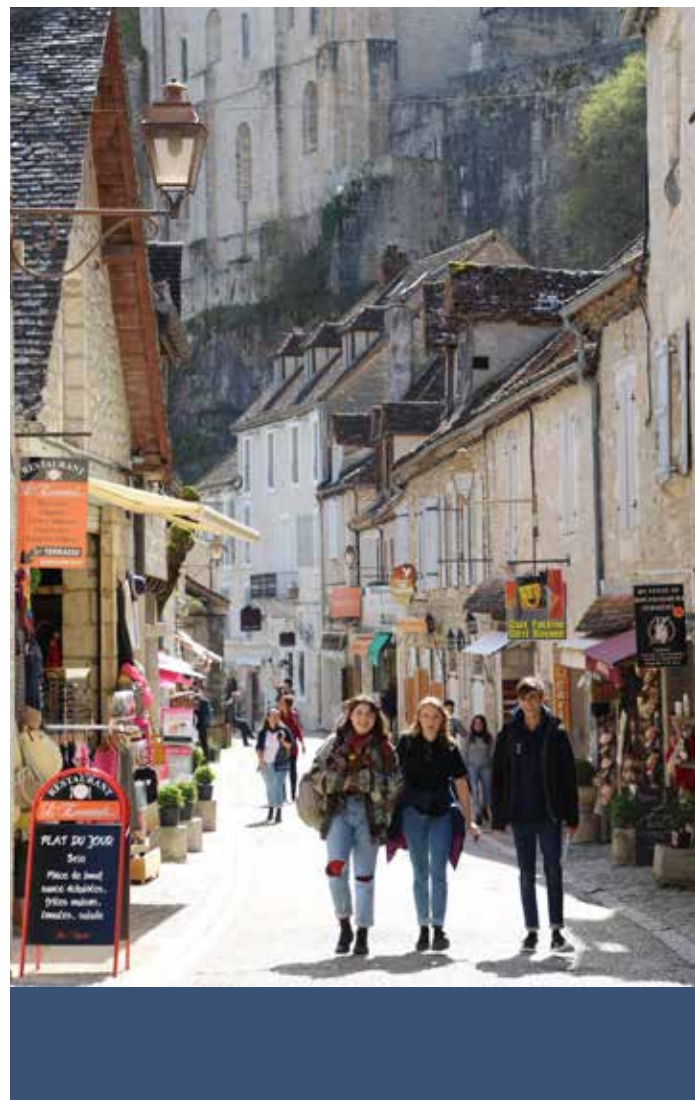


SUNSHINE COAST GRAMMAR *International Tours*

Why Join us?

Sunshine Coast Grammar School provides both domestic and international opportunities for students across a wide range of tours. The school has a proud history of touring, and also hosting schools from overseas. In 2023, Grammar have tours planned to New Caledonia (language and culture), Japan (language and culture), New Zealand (rugby) and Timor Leste (community). This year Grammar will welcome students from Dubai, The United Kingdom, France and Japan. Numerous exciting tours across all aspects of the school are being planned for the next three years.

DETAILS	
Coordinator/s	Mark Henricks
Contact Details	tours@scgs.qld.edu.au
Year Levels	8 - 12
Terms	1 - 4
Cost	Tour Fees apply





SUNSHINE COAST GRAMMAR *Japan Club*

Why Join us?

Japan Club offers a lunchtime activity to students in Years 7-12 who are interested in Japanese culture. The Club is coordinated by our Japanese Language Ambassadors and the Japanese Teaching Team with a variety of activities prepared for each session. The goal of Japan Club is to share Japan's unique culture with our wider school population.

DETAILS

Coordinator/s	Tammy Di Pietra
Contact Details	japanese@scgs.qld.edu.au
Year Levels	7 - 12
Terms	1 - 4 (Weeks 3 - 7)
Venue	Room S9
Times	Thursday Lunch
Cost	N/A





SUNSHINE COAST GRAMMAR

JOLT *Jesus Over Lunch Time*

Why Join us?

JOLT is an opportunity for students to gather in a safe space, connect with other students, and explore Christian faith and values. A chance to hear a little more about Jesus in a relaxed informal environment. We share lunch together, catch up and then have a short Bible message/discussion and prayer time.

Many come along to hear more about the claims that Jesus makes and to make an informed decision about whether they will choose to follow him. Some attend to be encouraged and strengthened in their faith or to connect with others. Students are very welcome to join us and make some friends, have some fun, and learn a bit more about God's incredible love for each of us.

DETAILS

Coordinator/s	Pastor Jon Taylor
Contact Details	jolt@scgs.qld.edu.au
Year Levels	7 - 12
Terms	1 - 4
Venue	Lecture Theatre
Times	Years 7 - 9: Tuesdays at lunchtime venue R4 Years 10 - 12: Thursdays at lunchtime venue Lecture Theatre





SUNSHINE COAST GRAMMAR *Learn to Swim*

Why Join us?

The Sunshine Coast Grammar Swim School provides swimming lessons for all ages at our state-of-the-art swimming centre conveniently located here on campus. We are passionate and confident in the program we deliver in creating strong and proficient swimmers, whether it is just for lifestyle and safety or swimming as a competitive sport.

With small group sizes and expert swim instructors, you can commence your swimming lessons at any time, as we operate all year round.

Our Learn to Swim Program offers a seamless pathway into our Squad Program for children looking to develop their skills in squad training right through to state, national and international swimming pathways.

We welcome children of all ages and abilities to come along and join us while enjoying our world-class heated facility located in a family-friendly environment.



DETAILS

Coordinator/s	Jessica Hart - Learn to Swim Coordinator
Contact Details	aquatics@scgs.qld.edu.au
Year Levels	From 3 Months of age
Times	All year round
Cost	\$18 for one lesson, additional \$14



SUNSHINE COAST GRAMMAR *Meditation Monday*

Why Join us?

Feeling the Monday blues? Ready to shake off stress and embrace a healthier, happier you? Look no further! Join our invigorating Yoga Class every Monday lunchtime and kickstart your week with a burst of positive energy.

DETAILS

Coordinator/s	Emily White
Contact Details	meditationmonday@scgs.qld.edu.au
Year Levels	7-12
Terms	1 - 4
Venue	A6
Times	Mondays at lunchtime
Cost	N/A





SUNSHINE COAST GRAMMAR *Model UN*

Why Join us?

Model United Nations—also known as Model UN or MUN—is a popular, global extra-curricular activity in which students roleplay delegates to the United Nations, simulate UN committees, and learn about diplomacy, international relations, current world issues, and the UN itself. The Grammar MUN Program works with UN Youth Australia, a national, youth-led organisation that aims to educate young Australians on global issues. Through MUN, students can participate in events such as The Evatt Competition, Fun MUN, State/National Conferences, Crisis Point, Summits and The Voice Competition. The programs provide a forum for high school students to meet other like-minded students across the state and nation. Students have fun while developing their public speaking, negotiation, debating and diplomacy skills. MUN creates a positive and empowering experience for students who are interested in international relations, politics and work affairs.

DETAILS

Coordinator/s	Rosanne Thomas
Contact Details	modelun@scgs.qld.edu.au
Year Levels	9 - 12
Terms	1 - 4
Venue	R6 and on location for events
Times	Thursday Lunchtimes and events TBA
Cost	EVATT Comp N/A





SUNSHINE COAST GRAMMAR *Monday Run Club*

Why Join us?

Our mission is to foster a culture of being fit and active within our community. Expect sessions to be filled with fitness, fun and skill building. We are fortunate to have several esteemed members our community, including national and international representatives, eager to share their expertise and passion with us.

Open to all members of the community: students, parents, siblings and staff.

DETAILS

Coordinator/s	Justin Abrahams
Contact Details	mondayrunclub@scgs.qld.edu.au
Year Levels	Prep - 12
Terms	All Year
Venue	Grammar Training Oval
Times	Mondays 7:00am-7:45am
Cost	Nil





SUNSHINE COAST GRAMMAR *Mooting*

Why Join us?

Mooting is a simulated court proceeding where student teams are presented with a legal problem that they are required to argue before a “judge” or panel of “judges”. Mooting provides students with the opportunity to develop their capacity to argue persuasively, convincing listeners to accept a particular position or point of view.

DETAILS

Coordinator/s	Caitlin Brown / Ben Princehorn
Contact Details	mooting@scgs.qld.edu.au
Year Levels	11 - 12
Term	1 - 2
Venue	USC/SCGS
Times	To be advised
Cost	N/A





SUNSHINE COAST GRAMMAR *Mountain Biking*

Why Join us?

The mountain biking program is designed to support both social and competition riders. Regular coaching is available at both Parklands Mountain Bike Trails and the Sugar Bag Road Mountain Bike Trails. Each term there will be social rides open to students, parents and siblings at various locations around the Sunshine Coast. Students will have opportunities to compete in various competitions across south-east Queensland and also State and National Championships.

DETAILS

Coordinator/s	Dan Robotham
Contact Details	mountainbiking@scgs.qld.edu.au
Year Levels	5 - 12
Terms	1 - 4
Venue	Various
Times	To be advised
Cost	For information please contact Clint Bullock on the above email address





SUNSHINE COAST GRAMMAR *Music Co-curricular*

Why Join us?

Welcome to Grammar Music! Our aim is to make every student feel welcome and accepted into our musical family, so that they may enjoy the many benefits of a quality music education. We offer a wide range of musical ensembles, lessons and performance opportunities to suit every child and their chosen instrument(s). With clear pathways in place aiding exceptional musical development, we strive to help every child reach their potential, at whatever level that may be. The high standards we set for our students and staff alike, as well as the camaraderie and long-lasting friendships we develop, mean that Grammar Music is a wonderful, safe space to be. We look forward to welcoming you into our community.

DETAILS

Coordinator/s	Victoria Bradbury
Contact Details	music@scgs.qld.edu.au
Year Levels	1 - 12
Terms	1 - 4
Venue	Music Hangar
Times	As per Rehearsal Schedule on Grammar Music GECO page and Private Tuition GECO page
Cost	For information please contact the Music Department on the above email address





SUNSHINE COAST GRAMMAR *Netball*

Why Join us?

Grammar Netball:

Grammar Netball aims to deliver the leading student and coach development program in Queensland across participation, competition, and high performance, intended to inspire and ignite a passion for netball and lifelong physical activity in our students across the Primary and Secondary School. Grammar Netball aspires to build a culture and community where all students are welcomed, supported, and encouraged to excel both on and off the court, taking with them valuable skills for success in sport and life.

There are multiple opportunities and competitions for netballers including school and club competitions, state knockout tournaments such as Vicki Wilson Cup and international tour opportunities.

Next Gen Grammar:

Running in Term 4, Grammar Netball Next Gen Program is designed for Grammar Netballers in Years 1, 2, 3 and 4. This program focuses on developing fundamental skills and encouraging lifelong physical activity in a supportive, non-competitive environment.

The Next Gen program strengthens ties between primary students and secondary netball leaders, inspiring a passion for netball across all levels.”

Grammar Netball Academy:

The Grammar Netball Academy offers netball student athletes a genuine performance pathway, including specialised coaching, strength and conditioning, technical, tactical, and physical skill development for Grammar netballers. The Academy presents an identifiable pathway for our students to gain representative opportunities to the highest level possible.

DETAILS

Coordinator/s	Shannon England
Contact Details	netball@scgs.qld.edu.au
Year Levels	3 - 12
Terms	1 - 3
Venue	Various
Times	Located on the Grammar Netball GECO Page
Cost	Monday Night Competition (School) - Nil Saturday Competition (Club) - Fees apply



SUNSHINE COAST GRAMMAR *Pool Lifesaving*

Why Join us?

Lifesaving is the only humanitarian sport in the world. Our pool lifesavers learn a variety of survival and rescue skills throughout the programs. Grammar Pool Lifesaving was established in 1999. There is a school team which includes students from both the Primary and Secondary Schools. The school team trains for the Queensland Schools Pool Lifesaving Championships. We also have the Grammar Pool Lifesaving Club which was established in 2019. This is a community club which works towards Royal Lifesaving Awards and trains to compete at the Australian Pool Lifesaving Championships.

DETAILS

Coordinator/s	Jeannie Baxter-Reid
Contact Details	poollifesaving@scgs.qld.edu.au
Year Levels	School Teams: Years 4 - 12 Club Teams: Years 6 - 12
Terms	School Teams: Term 2 Club Teams: Term TBC
Venue	Grammar Aquatic Centre
Times	School Teams - Wednesdays Club Teams - Sundays
Cost	School Teams - No Cost Club Teams - \$100





SUNSHINE COAST GRAMMAR *Press Club*

Why Join us?

The Press Club is a student led initiative supporting the school's charitable programs. The club provides a quick, efficient and cost-effective garment printing service. All funds raised through the purchase of apparel items will be used to support the ongoing community projects undertaken by Grammar Helping Hands.

Students develop a range of entrepreneurial skills such as working in a team, ordering, distribution and marketing.

DETAILS

Coordinator/s	Ben Princehorn
Contact Details	pressclub@scgs.qld.edu.au
Year Levels	All Year
Terms	1 - 4
Venue	TBA
Times	On Demand
Cost	TBA





SUNSHINE COAST GRAMMAR *Primary Mindfulness*

Why Join us?

These lunchtime workshops support students by identifying the characteristics of anxiety, and promoting empowerment by teaching therapeutic movements to help manage stress. Students will learn the neurobiology of why controlled breathing techniques can be an effective calming tool, and practice specific breathing techniques to achieve relaxation. Due to the popular nature of these workshops, students are permitted to attend in the Tuesday lunchtimes that suit them, with the intention of the Primary Visual Art room being a haven to those students who require the option of some quiet, meaningful activities. An attendance roll will be taken every session. Other year levels will be invited to participate at a later time.

DETAILS

Coordinator/s	Bev Woods
Contact Details	mindfulnessmonday@scgs.qld.edu.au
Year Levels	P - 6
Terms	1 - 4 (Starting Week 3)
Venue	Primary Visual Art Room
Times	Tuesday at lunchtime
Cost	N/A





SUNSHINE COAST GRAMMAR *Readers Cup*

Why Join us?

The Readers Cup Competition is divided into Year Levels. There is one team from Years 6, 7, 8 and 9/10 representing the school. Each team consists of five students reading up to five books, and then answering questions about each book, similar to a trivia competition.

DETAILS

Coordinator/s	Marcia Fisher
Contact Details	readerscup@scgs.qld.edu.au
Year Levels	6 - 10
Terms	Years 6 & 8: Term 2 Years 9 & 10: Term 3 Year 7: Term 4
Venue	Senior Resource Centre
Times	To be advised
Cost	N/A





SUNSHINE COAST GRAMMAR *Rowing*

Why Join us?

Grammar has a close Association with the Maroochy River Rowing Club and students who have a passion for rowing have opportunities to represent the school in a variety of regattas.

Students interested in trying out rowing for the first time can access the clubs “Learn to Row” programs.

With the 2032 Olympics quickly approaching, Grammar is looking to strengthen its partnership with Maroochy River Rowing and provide both participation and performance pathways for students.

DETAILS

Coordinator/s	Justin Abrahams
Contact Details	rowing@scgs.qld.edu.au
Year Levels	7 - 12
Terms	1 - 4
Venue	TBA
Times	Varied
Cost	TBA





SUNSHINE COAST GRAMMAR *Rugby*

Why Join us?

Grammar Rugby is the most successful junior rugby program in regional Queensland having enormous success over the past decade. The Grammar Rugby Program enters boys and girls junior teams in the Sunshine Coast Secondary Schools Rugby Union Competition in Terms 2 and 3 on Wednesday evenings (Years 7 -12), SCISSA Rugby 7s in Term 4, and enters teams in the local club competition (SCRU) on Saturdays (U6 - U16s). The Grammar Rugby Academy aims to provide students in Years 8-12 the opportunity to participate in a structured and resourced rugby development program supporting them in reaching their full potential.

DETAILS

Coordinator/s	Troy Atkins
Contact Details	rugby@scgs.qld.edu.au
Year Levels	School Rugby: 7 - 12(U13-U18) Club Rugby: Prep - 10 Rugby Academy: 8 - 12
Terms	School Rugby: Terms 2 - 4 Rugby Academy: Terms 1 - 4
Venue	Training - SCGS Ovals Games - Various locations
Times	To be advised by coaches
Cost	School Rugby - No cost fees Uniform cost TBC Club Rugby - \$270 - \$360 per season Rugby Academy - Senior Academy \$500 per school year Junior Academy \$300 per school year





SUNSHINE COAST GRAMMAR *Sailing*

Why Join us?

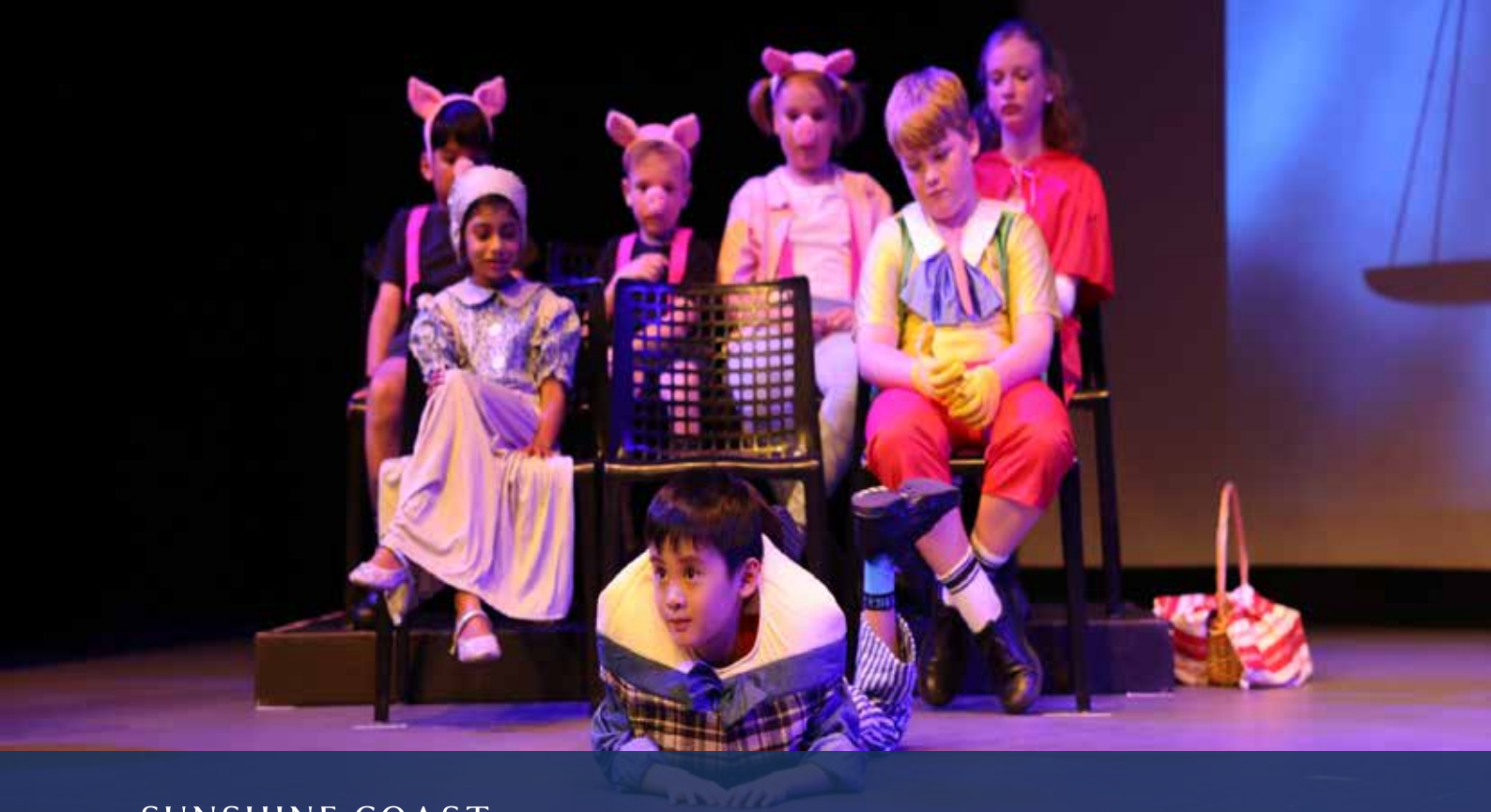
Students at Grammar have the opportunity to represent the school at a variety of Sailing regattas. Currently Grammar is the champion school in the Sunshine Coast Interschool Dinghy Regatta.

Any interested sailors should contact the co-ordinator for more details.



DETAILS

Coordinator/s	Justin Abrahams
Contact Details	sailing@scgs.qld.edu.au
Year Levels	All Year
Terms	1 - 4
Venue	TBA
Times	Varied
Cost	TBA



SUNSHINE COAST GRAMMAR *Speech and Drama*

Why Join us?

Most students join our drama classes to gain confidence, work on their creativity, and make meaningful friendships. We sit down with your child and work out what they would like to achieve - it's entirely up to them. Feeling unsure or nervous? That's fine - everyone is at first. It is an incredibly supportive, encouraging, and welcoming environment. Our drama classes are available to all students in Years 2-12. We also offer individual and afterschool group acting classes. Students learn about performance through the process of creating and sharing performances, working with others their age, and creating friendships.

DETAILS

Coordinator/s	Katrina Harvey / Katie Livock
Contact Details	speechanddrama@scgs.qld.edu.au
Year Levels	2 - 12
Terms	1 - 4
Venue	Speech & Drama Tutor Room or Senior Drama Classroom
Times	Mondays - Thursdays
Cost	For details contact Katrina Harvey on the above email address





SUNSHINE COAST GRAMMAR *Student Exchange Programs*

Why Join us?

International Student Exchanges provide Grammar students with wonderful opportunities to immerse themselves in foreign cultures and programs. Numerous students have enjoyed exchanges with schools in France, Japan and the United Kingdom. Historically our exchanges have either been language/culture based (with our sister schools) or as part of sporting exchanges. Grammar is looking to grow our exchange program and there are endless possibilities to connect students with international schools that excel in the activities that they are passionate about.

DETAILS

Coordinator/s	Mark Henricks
Contact Details	studentexchange@scgs.qld.edu.au
Year Levels	10 - 11
Terms	Negotiable
Venue	International Schools





SUNSHINE COAST GRAMMAR *Swimming*

Why Join us?

The Grammar Aquatic Centre offers a seamless pathway for children looking to develop their skills in squad training right through to state, national and international swimming pathways. We have a state of the art FINA certified pool which allows swimmers to train and compete at an international level.

Students are able to compete and represent at both the school level and club level. Joining the club allows members the benefits of being able to participate in a competitive yet friendly environment. It also provides the ability to compete in competitions and access to swimming development pathways provided by Wide Bay Swimming, Swimming Queensland and Swimming Australia. Grammar has enjoyed significant success at both school and club levels, and are extremely fortunate to have an amazing facility and coaching team.

SQUAD SWIMMING

GOLD	9 x 2 hour sessions per week + 3 gym sessions
SILVER	9 x 2 hour sessions per week + 3 gym sessions
BRONZE	7 x 1.5 hour sessions per week (inc 1 dry land)
BLUE	7 x 1 hour sessions per week (inc 1 dry land)
Venue	Grammar Aquatic Centre
Contact	Luke Stafford - Director of Swimming & Head Coach
	aquatics@scgs.qld.edu.au





SUNSHINE COAST GRAMMAR *Tennis*

Why Join us?

At Grammar Tennis we offer programs for all ages and abilities. Whether you are picking up a racquet for the first time or you play tennis competitively at high level, we have a program for you. Our comprehensive pathway and timetable contains before, during and after school group and private lessons to make it as convenient as possible for busy families. For competitive level players we offer a School of Excellence Program for students in Secondary School. Grammar Tennis hosts a variety of fun competitive event opportunities throughout the year and participates in club and school competitions. During school holidays we offer Tennis Fun Camps and Junior Performance Camps to cater for all levels of players. Adult tennis sessions are also offered at convenient drop-off times.

DETAILS

Coordinator/s	Clint Fyfe
Contact Details	tenniscoach@scgs.qld.edu.au
Year Levels	Grammar Early Learning Centre Prep - 12
Terms	1 - 4
Venue	Grammar Tennis Centre
Times	As advised





SUNSHINE COAST GRAMMAR *Triathlon*

Why Join us?

Sunshine Coast Grammar has had a long history of supporting outstanding triathletes. Former Australian Representative and selector, Maureen Cummings has been instrumental over many years in introducing young athletes to the sport and through our relationship the Sunshine Coast Triathlon Academy (SCTA) and its head coach Toby Coote, the school supports high performance and aspiring triathletes.

Triathlon is offered as a sport choice as part of the school's primary sports program. Grammar supports students across a variety of triathlon clubs locally. A number of current students represent Australia from the junior level all the way to the Paralympics.

DETAILS	
Coordinator/s	Maureen Cummings
Contact Details	triathlon@scgs.edu.au
Year Levels	2 - 12
Terms	All Year
Venue	Varied
Times	Varied
Cost	Nil





Why Join us?

Today more than 130 countries have adopted The Duke of Edinburgh's International Award program with over 8 million young people having participated worldwide. The award requires regular participation in activities to meet the time requirements of each Award Section and Level. It focuses on capacity building by encouraging all young Australians to make independent decisions and to negotiate priorities through participation.

DETAILS

Coordinator/s	Clint Bullock (Award Leader)
Contact Details	dukeofedinburgh@scgs.qld.edu.au
Year Levels	9 - 12
Terms	1 - 4
Venue	To be advised by Award Leader
Times	To be advised by Award Leader
Cost	Bronze \$186 / Silver \$191 / Gold \$197 Adventurous Journeys incur additional costs





SUNSHINE COAST GRAMMAR *The Offcut Club*

Why Join us?

If you have a passion for designing and creating, The Offcut Club is for you. Students investigate how offcuts and surplus materials can be reused/repurposed, and then plan, design and construct projects. Students learn how to use various machinery, such as the laser cutter, sewing machine, and 3D printers. Finalised projects are donated to our local community.

DETAILS	
Coordinator/s	Steve Moulds
Contact Details	theoffcutclub@scgs.qld.edu.au
Year Levels	7 - 12
Terms	2 - 3
Venue	Technology Building
Times	Mondays & Wednesdays at lunchtime
Cost	N/A





SUNSHINE COAST GRAMMAR *Touch Football*

Why Join us?

Touch Football is one the most popular and fastest-growing sports in Australia. It is a limited contact sport and a great cardio workout in a fun, social environment. Touch Football games take place on Wednesday afternoons after school as part of the SCISSA Competition. Boys and girls teams are formed in three divisions: Juniors (Years 7 & 8), Intermediates (Years 9 & 10) and Seniors (Years 11 & 12).

DETAILS

Coordinator/s	Brad Doughan
Contact Details	touchfootball@scgs.qld.edu.au
Year Levels	7 - 12
Terms	3
Venue	Various locations on Sunshine Coast
Times	As advised by coaches
Cost	N/A





SUNSHINE COAST GRAMMAR *Ultimate Frisbee*

Why Join us?

Ultimate Frisbee is a fast-paced mixed team sport played with a flying disc (frisbee). Players pass the disc to each other trying to score by catching it in the opponents end zone. The sport is known for its combination of athleticism, strategy, and sportsmanship. It is played recreationally and competitively all over the world. Ultimate Frisbee is played with the “Spirit of the Game” principle, where players are expected to maintain fair play and respect for one another, even international matches are played without referees. This has resulted in a tight-knit community where competition and camaraderie coexist.

DETAILS

Coordinator/s	Robin Tapp
Contact Details	ultimatefrisbee@scgs.qld.edu.au
Year Levels	Prep - 12
Terms	1 - 4
Venue	SCGS Training Oval
Times	Tuesdays, 3:30pm - 4:30pm
Cost	As advised





SUNSHINE COAST GRAMMAR *Volleyball*

Why Join us?

Playing volleyball helps students learn about teamwork, communication and leadership. It is a fun way to stay active and meet new people. Students in the Primary School can participate in Volleyball for Gala Days, and students in the Secondary School can compete in the SCISSA, Sunshine Coast Schools, and Queensland Schools Cup competitions throughout Terms 1-2.

DETAILS	
Coordinator/s	Simon Groom
Contact Details	volleyball@scgs.qld.edu.au
Year Levels	7 - 12
Terms	Years 11 & 12: Term 1 Years 7 - 10: Term 2
Venue	Local schools & Caloundra Indoor Stadium
Times	To be advised by coaches
Cost	N/A





SUNSHINE COAST GRAMMAR *Water Polo*

Why Join us?

The Water Polo Program has been running since 2004, providing an opportunity for students to represent their school in the Primary and Secondary Sunshine Coast Schools Water Polo Competitions, which are held on Monday nights. If you love swimming and being part of a team, this is the activity for you. The program caters for all ability levels from novice to representative players alike. Ex-Olympian Billy Miller who contested the London Olympics as a member of the Australian Sharks was proudly a part of this program and started his love of the sport as a junior Grammar player.

We are very fortunate to have Mr Eddie Choy as our Head Coach at Grammar. Eddie is a very experienced and well respected coach and has been instrumental in growing the program. A number of our current students have represented Queensland and Australia.

DETAILS

Coordinator/s	Paul Cross
Contact Details	waterpolo@scgs.qld.edu.au
Year Levels	5 - 12
Terms	1 - 4 (depending on age group)
Venue	SCGS Aquatic Centre / St Andrew's Anglican College / Noosa Aquatic Centre
Times	Training and game times to be advised by coach
Cost	N/A



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GRAMMAR

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