

OUR VISION

At Grammar, our vision for the Roar Performance Program is to provide the framework for our aspiring student-athletes to pursue academic and sporting excellence and foster a healthy balanced lifestyle.

PROGRAM RATIONALE

Our core focus is education, yet we value strengths outside of the classroom and recognise the heavy training and competition commitments made by our students. The Program framework will offer provision in four key areas – Academic Support, Athlete Development, Pathways and Personal Growth.

ACADEMIC SUPPORT

- Advocates
- Mentors
- Organisational Support
- Form Class
- Academic Performance Plan

ATHLETE DEVELOPMENT

- Guest speakers
- Nutrition
- Sport Psychology
- Sleep
- Injury prevention and management
- Technical
- Tactical

PATHWAYS

- Media training
- US Colleges
- Resume
- Interviews
- Work Experience

PERSONAL GROWTH

- Athlete well-being
- Mental Health
- Social Development
- Female Health

HOW WILL ROAR PERFORMANCE WORK?

Support in the four areas outlined above will be delivered via 1:1 and/or small group sessions and seminars.

Selected student-athletes will be split into three groups and offered:

Tier 1 - (the smallest group with our highest performing student-athletes) To attend all seminars, advocate, performance plan and sports form class

Tier 2 - To attend all seminars and sports form class. Selected student-athletes will receive an advocate.

Tier 3 - To attend all seminars and additional workshops

SEMINARS

3-4 seminars are provided each term, delivered by world-class athletes and professionals within the sporting industry. These take place during the school day.

ADVOCATE

Tier 1 student-athletes will receive an advocate along with a select group of Tier 2 students. Advocates will provide another layer of support and will communicate with staff relating to academic and pastoral matters.

ROAR PERFORMANCE LEARNING PLAN

Tier 1 student-athletes will receive a Learning Plan to inform teachers of their sporting commitments and relevant information to better support the student-athlete's learning journey.

SELECTION CRITERIA

This program is open to student-athletes in Years 8-12. To be considered for this program, student-athletes must meet at least one of the criteria below:

- National, State Representative and/or a national top 10 ranking
- Has been awarded a Grammar Sports Scholarship or;
- Possesses the potential to develop into a high-performance athlete

For further information regarding the Program, please view the PowerPoint in the files tile on this ROAR Performance page or contact the Director of Sport, Mr Justin Abrahams at roarperformance@scgs.qld.edu.au